

Piles

Saleha Khan

I was suffering from piles for about 1 ~~year~~ yrs. And when it occurred first times I went to Allopathy doctor. The doctor prescribed me medicines by which ~~I~~ ~~was~~ the bleeding stopped within 10 days. Then, again after that it occurred after 6 months. Again I went to the same doctor & he prescribed me the same medicines. And this time it was not getting cured i.e. the bleeding didn't stopped for almost 15 days. And I was eating antibiotiques because of which I started feeling weak.

And at that time I thought that now it is high time & I should consult to homeopathy doctor. First time I realised about my ^{bad} eating habits. And because of the doctor's treatment it just took 1 week to come to normal position. Because, of the eating habits, yoga & also eating according to particular time it made a major difference in my personality. Almost 90% of recovery was seen in health. After coming to the doctor I realised that I have wasted almost a year by visiting to allopathy doctor. Whenever there was a need of a doctor, he was always there. By visiting to homeopathy doctor I have learnt in my life to think consciously

about myself as I have to take care of it by giving some amount of time. Doctor has been very helpful all the time & also he has taught me a lesson & the ways of living a peaceful life. The staff is really helpful in all the ways. I would like to convey a message to other patients is "One should trust themselves, that they can do it best for their health & our body is not dustbin in which we can dump anything". The fee structure is very good because there should be some rules in life. With the help of parhez today I'm happy & feeling peaceful in life because I think whatever a person eats they think in that way only.

Syham